

WELCOME!

The Staff at Willie Henderson Sports Complex would like to welcome you & your family to our facility. We offer a variety of activities for both children and adults. We would like to provide you with the best activities possible and be able to fulfill your recreational needs. If you have any suggestions for new activities, we will gladly listen to you.

HOURS OF OPERATION

Monday	1:00 p.m. - 7:45 p.m.
Tuesday	1:00 p.m. - 7:45 p.m.
Wednesday	1:00 p.m. - 9:45 p.m.
Thursday	1:00 p.m. - 7:45 p.m.
Friday	1:00 p.m. - 6:45 p.m.
Saturdays	9:00 a.m. - 3:45 p.m.
Sunday	10:00 a.m. - 3:00 p.m.

During winter vacation we will be open Monday - Friday at 11:00 a.m.

HOLIDAYS CLOSED

September 4, 2006	January 1, 2007
November 10, 2006	January 15, 2007
November 23, 2006	February 19, 2007
December 25, 2006	March 31, 2007
May 28, 2007	

HENDERSON STAFF

Elsa Marquez	Area Manager
David Hargrove III	Center Director III
Tia Turner	Assistant Director
Greg McCoy	G.M.W. II
Carolyn Floyd	Recreation Leader II
Bernette Benford-Adley	Recreation Leader I
Michael Arney	Recreation Leader I
Tynisha Gentry	Recreation Leader I
Maggie Parrales	Recreation Leader I
Arthur Pillow	Recreation Leader I
Earlisha Scott	Recreation Aide

AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT DISTRICT MANAGER (619) 685-1303) OR THE OFFICE OF EQUAL OPPORTUNITY, U. S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.

PRINTED ON RECYCLED PAPER.  **RESOURCE CENTER CREATION**

REGISTRATION Registration for all classes is on the first class meeting of the month, unless otherwise stated in this program. Registration for all activities is on first come first serve basis and late registration may not be accepted. In order for registration to be final, all necessary paperwork must be completed and all fees must be paid in full with either cash in the exact amount or money order. No checks accepted! Please contact the office for more details.

FACILITY Willie Henderson Sports Complex has two meeting rooms, a fully equipped kitchen, two lighted basketball courts, one lighted ballfield, two multi-purpose fields, sports equipment and just about anything else to make your visit to our facility an enjoyable one. If you wish to utilize our facility for a special event or as a regular meeting place for your group, please contact the office for more details.

EQUIPMENT CHECK-OUT Sports equipment may be checked out with a recreation card or a valid I.D. card. Recreation cards may be purchased for a quarter and must be accompanied by a signed parental consent form.

RECREATION COUNCIL A citizen's advisory group made up of involved community members and the representatives of groups which use our facility. Meets at 6:00 pm on the last Tuesday of each month. This group of concerned citizens volunteer their time to advise the center's staff on programs. Meetings are open to the public. All community members are encouraged to attend! Please contact the office for more details.

RECYCLING Located in our park are recycling bins for aluminum cans, plastic drink containers, and newspapers. Your recyclables will help raise money for youth programs.

VOLUNTEERS NEEDED! Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml or contact the Volunteer Office at (619) 685-1324.

DONATIONS By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool or recreation program, please call Stacey Lo Medico, Deputy Director CPII Division, (619) 685-1306.



THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT
"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"

Willie Henderson Sports Complex



1035 South 45th Street
San Diego, CA 92113
(619) 527-3407
www.sandiego.gov



Fall & Winter Program

Effective through May 31, 2007.

Programs and fees are subject to change without prior notice.



ADULT ACTIVITIES

Adult programs are for individuals 18 years & older.

Adult Ceramics

This class teaches the basic techniques to beginning ceramics students, while giving experienced artists creative freedom for their own projects.

Thursday
4:30 p.m. - 7:45 p.m.
\$15.00/month
or \$3.00/item



Bread

Bread will be given out to the community every Monday & Tuesday at 1:00 p.m. to *adults only!*

Adult Walking Class

Monday, Wednesday, Friday
5:00 p.m. - 5:45 p.m.
Free



SPORTS

Southeast Little League

Early Sign-ups in December 2005.
Season starts April 2006.
\$30.00 registration fee



Adult Soccer League

League play starts April 2006.
Sunday 10:00 a.m. - 4:00 p.m.
Wednesday & Thursday
6:00 p.m. - 10:00 p.m.

Youth Flag Football

Registration starts: **NOW!!**
League play:
Though December, 2006
Cost:

\$3.00 or 20 aluminum cans
Age Divisions
10 years old and under
12 years old and under
14 years old and under
Games & practices throughout the week (T.B.A.).



Youth Basketball

Registration starts:
December 1, 2006.
League play starts:
January 20, 2007
Cost: \$3.00 or 20 aluminum cans
Age Divisions

10 years old and under
12 years old and under
14 years old and under

Games & practices throughout the week (T.B.A.).



Youth Cheerleading

Registration starts: **NOW!!**
League play:
Though December, 2006
Cost:

\$3.00 or 20 aluminum cans
Age Divisions
10 years old and under
12 years old and under
14 years old and under
Games & practices throughout the week (T.B.A.).



YOUTH ACTIVITIES

Daily Programs

MONDAY

Arts & Crafts

This weekly activity will provide children with a wide range of arts and crafts activities and tons of fun. Dress appropriately, as craft activities tend to get pretty messy!
4:00 p.m. - 5:30 p.m.
Free
7 - 14 years



TUESDAY

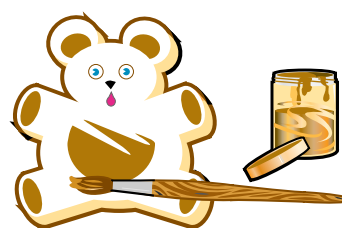
Homework Club

All elementary, middle school and high school students are invited and welcomed to get help with their homework at no cost.
3:30 p.m. - 6:00 p.m.
Free
6 - 18 years



Ceramics

Learn the fundamentals of pouring, bisque and the correct painting techniques in our fun filled beginner class.
3:30 p.m. - 7:45 p.m.
50¢ or 5 aluminum cans
8 - 16 years



THURSDAY

Cooking Class

Children will learn to prepare several different types of dishes in this popular class. Children will also get to eat their creations at the conclusion of each class.
3:30 p.m. - 5:00 p.m.
50¢ or 5 aluminum cans
8 - 12 years



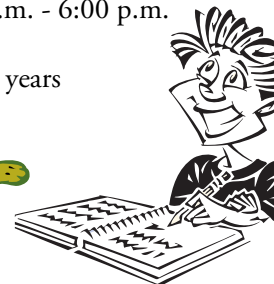
Bingo

3:30 p.m. - 5:00 p.m.
Free
All Welcome



Homework Club

All elementary, middle school and high school students are invited and welcome to get help with their homework for free.
4:00 p.m. - 6:00 p.m.
Free
6 - 18 years



FRIDAY

Tournament Day

4:00 p.m. - 5:30 p.m.
Free
All Welcome



AFTER SCHOOL PROGRAM

Daily Programs

MONDAY

Arts & Crafts

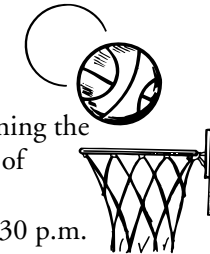
This weekly activity will provide children with a wide range of arts and crafts activities and tons of fun. Dress appropriately, as craft activities tend to get pretty messy!
3:30 p.m. - 5:30 p.m.
Free



TUESDAY

Basketball

Have fun learning the fundamentals of basketball.
3:00 p.m. - 4:30 p.m.
Free



WEDNESDAY

Flag Football

HIKE!!!!
Put the fun in the fundamentals.
3:00 p.m. - 5:00 p.m.
Free



THURSDAY

Indoor Games Outdoor Games Homework

Make a choice!
Play games and/or get the Kool Homework over with.
3:00 p.m. - 5:30 p.m.
Free



FRIDAY

Indoor Games Outdoor Games

Volleyball, indoor/outdoor soccer, dodgeball, steal the bacon, etc.
All fun games to enjoy.
3:00 p.m. - 5:00 p.m.
Free

